

## HONOR TEMPLATE

### Things I like about me

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

### Things I want to be better at

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

*For a downloadable template please visit [introvertninja.com](http://introvertninja.com)*

## ENERGY TEMPLATE

What brings me energy

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

### Examples

<i>Coloring</i>	<i>Singing</i>
<i>Reading</i>	<i>Playing a video game</i>
<i>Playing a sport</i>	<i>Talking to a friend</i>
<i>Playing with toys</i>	<i>Watching tv or a movie</i>
<i>Building something</i>	<i>Dancing</i>
<i>Helping mom or dad</i>	<i>Drawing</i>

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## REVIEW TEMPLATE

### Things that went well

1. I did it

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

### Two things I wish went better

1. \_\_\_\_\_

2. \_\_\_\_\_

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